

## Symptoms of Parkinson's Disease

Parkinson's Disease symptoms can vary greatly from person to person, and may be indicative of other diseases/disorders. If you are experiencing several of the symptoms listed below, we suggest you see your physician.

- resting tremor
- "freezing" in place
- short shuffling steps
- one side of body hurts
- voice gets very soft
- unexplained sadness
- feeling tired/fatigued
- rapid or stuttering speech
- flexed or stooped posture
- "dragging" one leg
- constipation
- difficulty in speaking
- difficulty in breathing
- facial "masking"
- slow movement
- lack of spontaneous blinking
- muscle rigidity
- poor balance
- handwriting gets smaller
- feeling depressed
- feet "stick" to floor
- excess of saliva
- abnormal arm movement
- stress increases symptoms
- bladder problems
- difficulty in swallowing
- difficulty in walking
- dizzy when standing up